

Workman Publishing

Summertime Book Buzz



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Oh, hello!



Annie Mazes handles adult library marketing for all imprints at Workman Publishing Company. She also heads up the ALMA (adult library marketing association) committee.

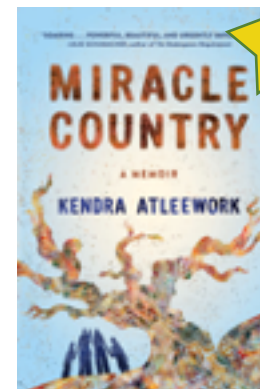
She can be reached at amazes@workman.com, so please feel free to reach out!



Summer Faves



ISBN: 9781523508310
eBook: 9781523510955



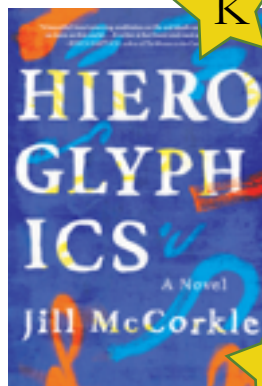
LJ

July 14
ISBN: 9781616209988
eBook: 9781643750552



K

July 21
ISBN: 9781616208516
eBook: 9781643750569



K

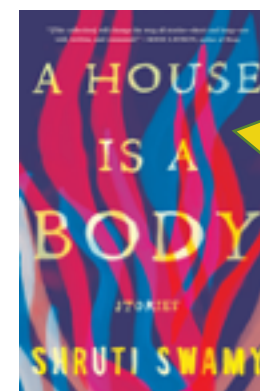
B

July 28
ISBN: 9781616209728
eBook: 9781643750538



K

August 4
ISBN: 9781616207793
eBook: 9781643750590

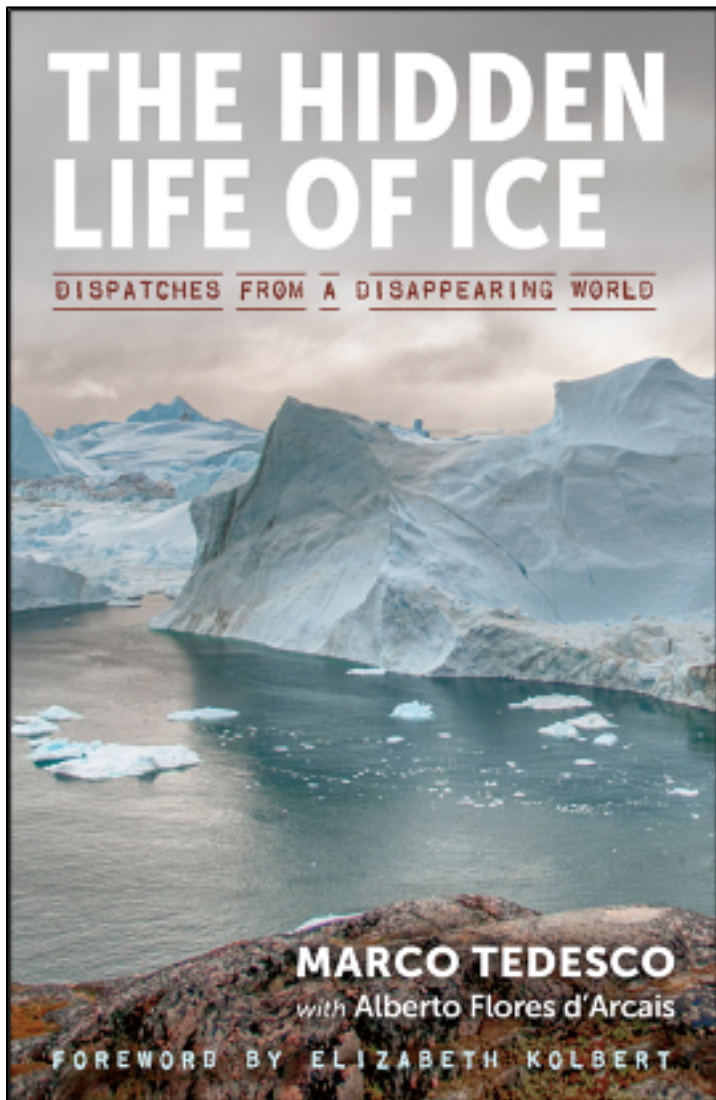


K

August 11
ISBN: 9781616209896
eBook: 9781643750606

The Hidden Life of Ice

Marco Tedesco



Nature / Ecosystems & Habitats / Polar Regions

- A pioneering glaciologist's illuminating account of a single day's work researching in the Arctic, capturing the urgency of his work and revealing the secret history and ever-more-inevitable future of Greenland's polar ice caps

On Sale: August 18, 2020

ISBN: 9781615196999

\$19.95, HC, 160pp

eBook: 9781615197002



Impersonation

Heidi Pitlor



Fiction / Contemporary Women

- Allie Lang is a professional ghostwriter and a perpetually broke single mother. Lana Breban is a high-profile lawyer with designs on elected office, who also happens to have a child. Together they make the perfect feminist mother.
- “Both the story and its resourceful heroine are fresh, intelligent, and charming.” —*Kirkus* ★ **starred review**

On Sale: August 18, 2020
ISBN: 9781616207915
\$26.95, HC, 336pp
eBook: 9781643751085

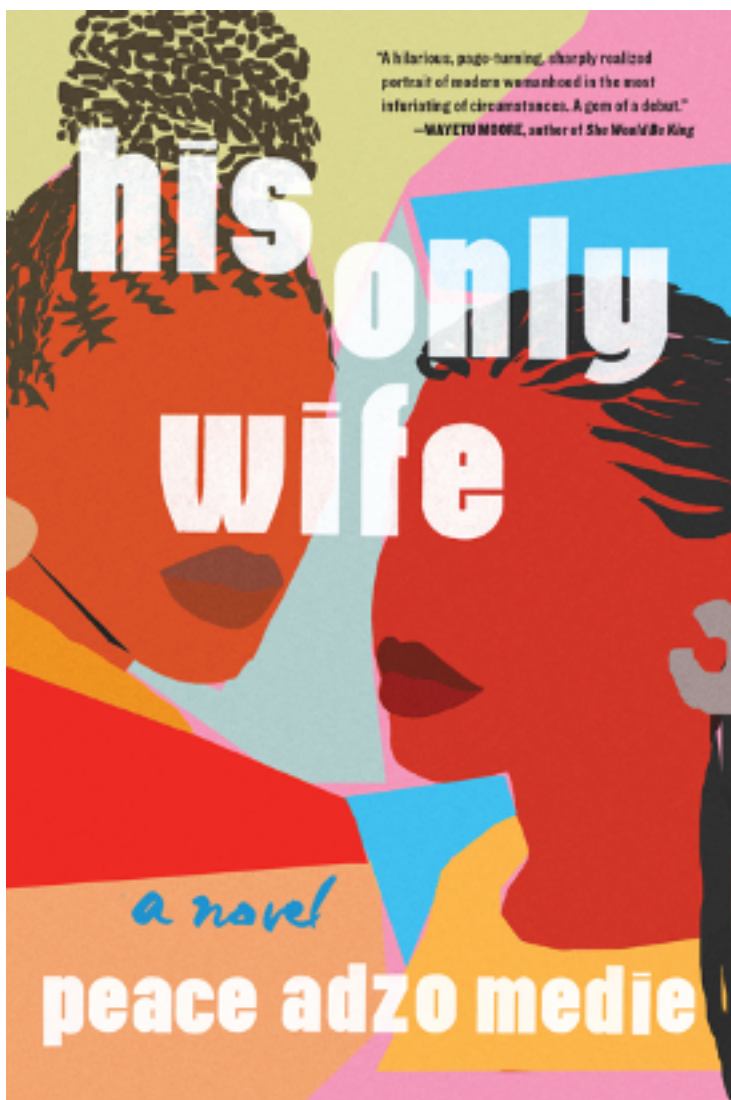


Votes due
July 1, 2020



His Only Wife

Peace Adzo Medie



Fiction / Contemporary Women / Family Life

- An entertaining and contemporary debut novel about a young woman who must choose between marriage and personal happiness.
- For fans of Chimamanda Ngozi Adichie and Candice Cary-Williams.
- “A hilarious, page-turning, sharply realized portrait of modern womanhood in the most infuriating of circumstances. A gem of a debut.” —**Wayetu Moore, author of *She Would Be King***

On Sale: September 1, 2020
ISBN: 9781616209155
\$25.95, HC, 288pp
eBook: 9781643751115



Votes due
August 1, 2020



Immunity

Dr. Jenna Macciochi

The Definitive Guide
to Caring for Your
Immune System

immunity

the
science
of
staying
well

DR. JENNA MACCIOCHI

Health & Fitness / Healthy Living

- A bold new look at the silent wonder that is our immune system—and what we can do to sustain and strengthen it.
- Does for the immune system what Giulia Enders' *Gut* has done for the digestive system.
- Dr. Mcciochi, an immunologist, has spent over twenty years researching the impact of lifestyle on the immune system.

On Sale: September 1, 2020

ISBN: 9781615197507

\$16.95, PB, 352pp

eBook: 9781615197514

Love, Zac

Reid Forgrave



Small-Town Football and the Life
and Death of an American Boy

Love,
Zac



"An artful and intimate portrait that is so
beautifully written it belongs on the shelf
alongside classic works of literary journalism."
—JEANNE MARIE LASKAS, author of *Conversation*

REID FORGRAVE

Sports & Recreation / Football

- The eye-opening story of Zac Easter, a young man who committed suicide rather than deal with the pain of CTE caused by years of playing football.
- “A monumental achievement of deep reporting and expert storytelling.” —**Michael Sokolove**, author of *The Last Temptation of Rick Pitino*

On Sale: September 8, 2020
ISBN: 9781616209087
\$27.95, HC, 288pp
eBook: 9781643751092

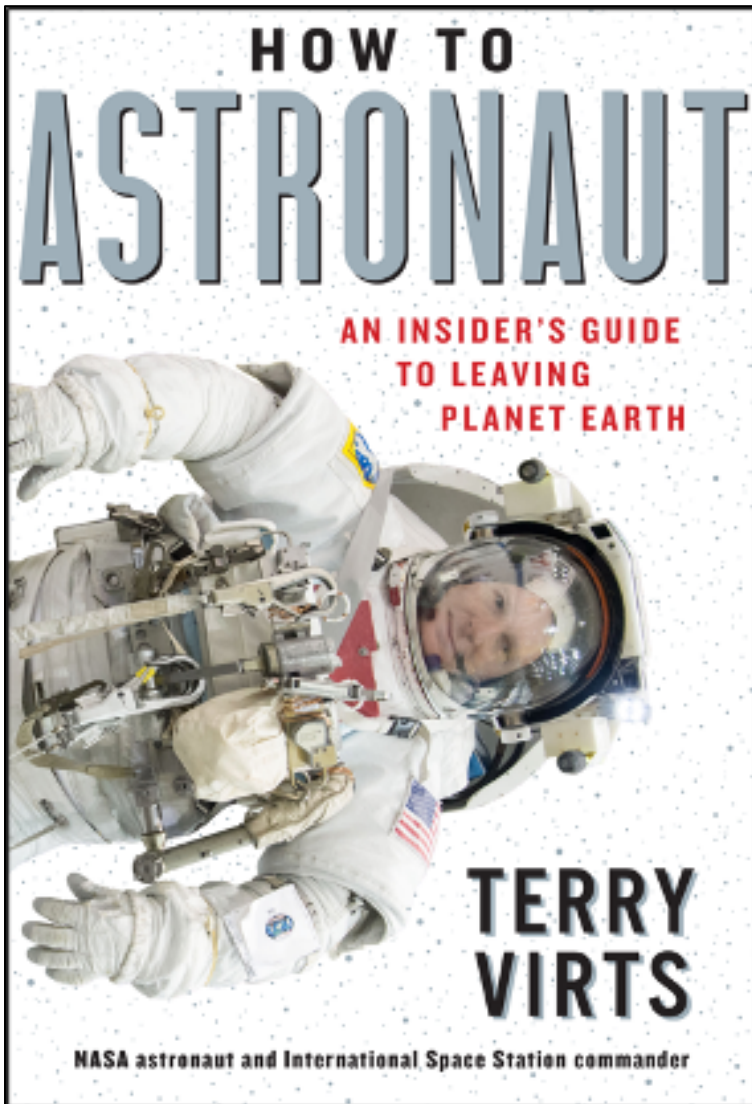


Votes due
August 1, 2020



How to Astronaut

Terry Virts



Science / Space Science

- Former NASA astronaut Terry Virts offers an insider's guide to astronauting—a behind-the-scenes look at the training, the basic rules, lessons, and procedures of space travel.
- Funny and fascinating chapters include: Showering in zero gravity, space station cuisine, the brutality of getting into a spacesuit if you have a big head and a broad chest, and if mice get bored in space.

On Sale: September 15, 2020

ISBN: 9781523509614

\$27.95, HC, 320pp

eBook: 9781523512041



Iwígara

Enrique Salmón



IWÍGARA

The Kinship of Plants and People



American Indian Ethnobotanical Traditions and Science

ENRIQUE SALMÓN

**Social Science / Ethnic Studies /
Native American Studies**

- *Iwígara* means the kinship of plants and people, and in this powerful book, Salmón reveals this deep relationship by exploring 80 plants of importance to American Indians.
- Enrique Salmón is head of the American Indian Studies Program at Cal State University-East Bay.

On Sale: September 15, 2020

ISBN: 9781604698800

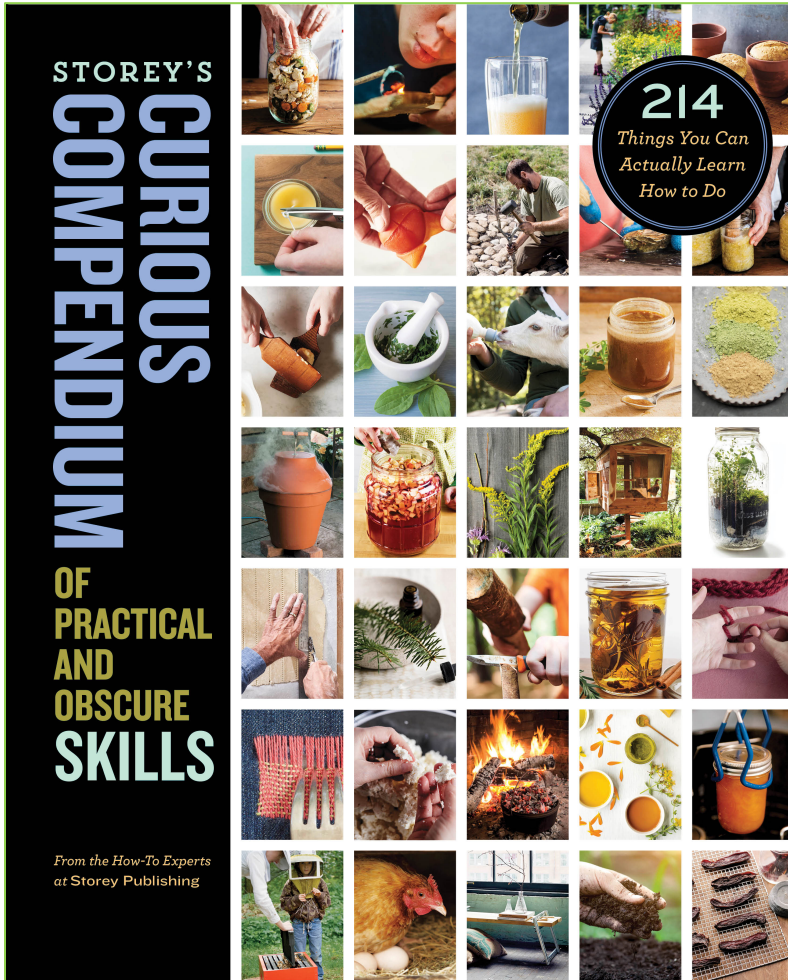
\$34.95, HC, 256pp

eBook: 9781643260341



Storey's Curious Compendium

How-To Experts at Storey Publishing



Reference / Personal & Practical Guides

- Drawn from 35 years of publishing trusted how-to books, this visual volume gathers entertaining and practical step-by-step knowledge from Storey Publishing's wide-ranging library, covering topics from gardening and animal husbandry to wilderness survival skills, home repair and improvement, cooking, and self-care.

On Sale: September 15, 2020

ISBN: 9781635861914

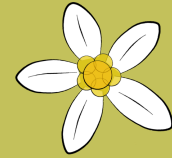
\$29.95, HC, 344pp

eBook: 9781635861921



Uprooted

Page Dickey



Gardening / Essays & Narratives

- The engaging story of leaving a beloved garden and creating a new, very different garden.
- Dickey's experience saying goodbye to the old and hello to the new is something many people can identify with.
- For fans of classic garden writers like Margaret Roach, Dominique Browning, and Charlotte Mendelson.

On Sale: September 29, 2020

ISBN: 9781604699579

\$27.95, HC, 244pp

eBook: 9781643260518



PAGE DICKEY



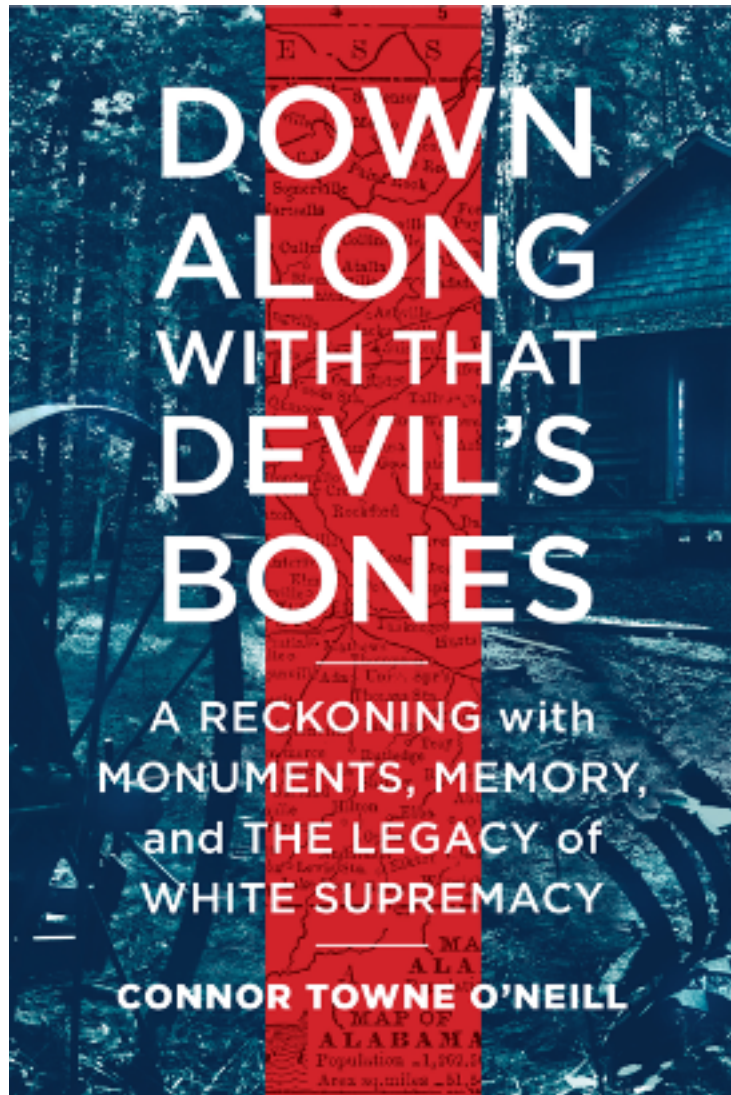
UPROOTED

A GARDENER REFLECTS ON BEGINNING AGAIN

"LOREM IPSUM DOLOR SIT AMET, CONSECTETUR ADIPISCING
ELIT, SED DO EIUSMOD TEMPOR INCIDIDUNT UT" -ENDORSER NAME

Down Along with that Devil's Bones

Connor Towne O'Neill



History / Social History

- Journalist Connor Towne O'Neill explores the legacy of white supremacy in America in a sobering and fascinating work sure to resonate with readers of Tony Horwitz, Timothy B. Tyson, and Robin DiAngelo.

- For readers of Robin DiAngelo's *White Fragility*.

- “We can no longer see ourselves as minor spectators or weary watchers of history after finishing this astonishing work of nonfiction.”

—Kiese Laymon, author of *Heavy*

On Sale: October 13, 2020

ISBN: 9781616209100

\$26.95, HC, 272pp

eBook: 9781643751108



Votes due

September 1, 2020



The Midnight Bargain

C.L. Polk



Fiction / Fantasy / Historical

- A sweeping, romantic new fantasy set in a world reminiscent of Regency England, where women's magic is taken from them when they marry.
- From the beloved World Fantasy Award-winning author of *Witchmark*.
- For fans of Erin Morgenstern, Tasha Suri, and Courtney Milan.

On Sale: October 13, 2020
ISBN: 9781645660071
\$25.95, HC, 352pp
eBook: 9781645660149



Votes due
September 1, 2020



The Good Ancestor

Roman Krznaric

"Full of revelations for everyone who cares about the legacy they leave." —**The Edge, U2**

The Good Ancestor

HOW TO THINK LONG-TERM
IN A SHORT-TERM WORLD

With 6 Ways We Can Give
Future Generations, and Our Planet,
a Chance at a Better Tomorrow



Roman Krznaric
Author of *Empathy*

Political Science / Public Policy / Environmental Policy

- A call to save ourselves and our planet by targeting the root of our inaction: extreme short-sightedness.
- *The Good Ancestor* is inspired by Jonas Salk who believed that the only question that really matters is: Are we being good ancestors? Krznaric shows us how to adopt Salk's long-term thinking and why it's a crucial, game-changing step in protecting our world and way of life—not just for the next generation, but for thousands to come.

On Sale: October 27, 2020

ISBN: 9781615197309

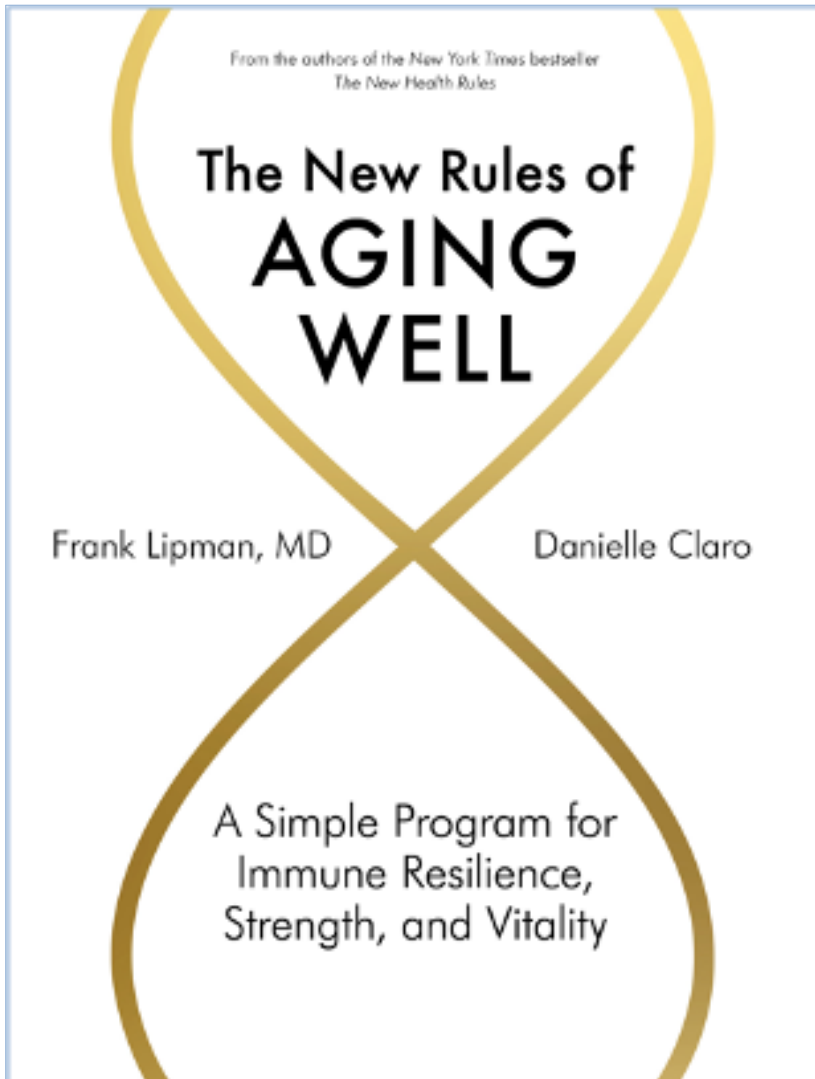
\$25.95, HC, 288pp

eBook: 9781615197316

The New Rules of Aging Well

Frank Lipman, M.D. & Danielle Claro

Health & Fitness / Longevity



- The ultimate guide to broadening your “health span”—feeling and looking great through middle age and beyond—from Dr. Frank Lipman, a pioneer of and leader in integrative and functional medicine.
- This book will help readers focus on expanding their “health span” rather than fret over their life span.

On Sale: October 27, 2020

ISBN: 9781579659592

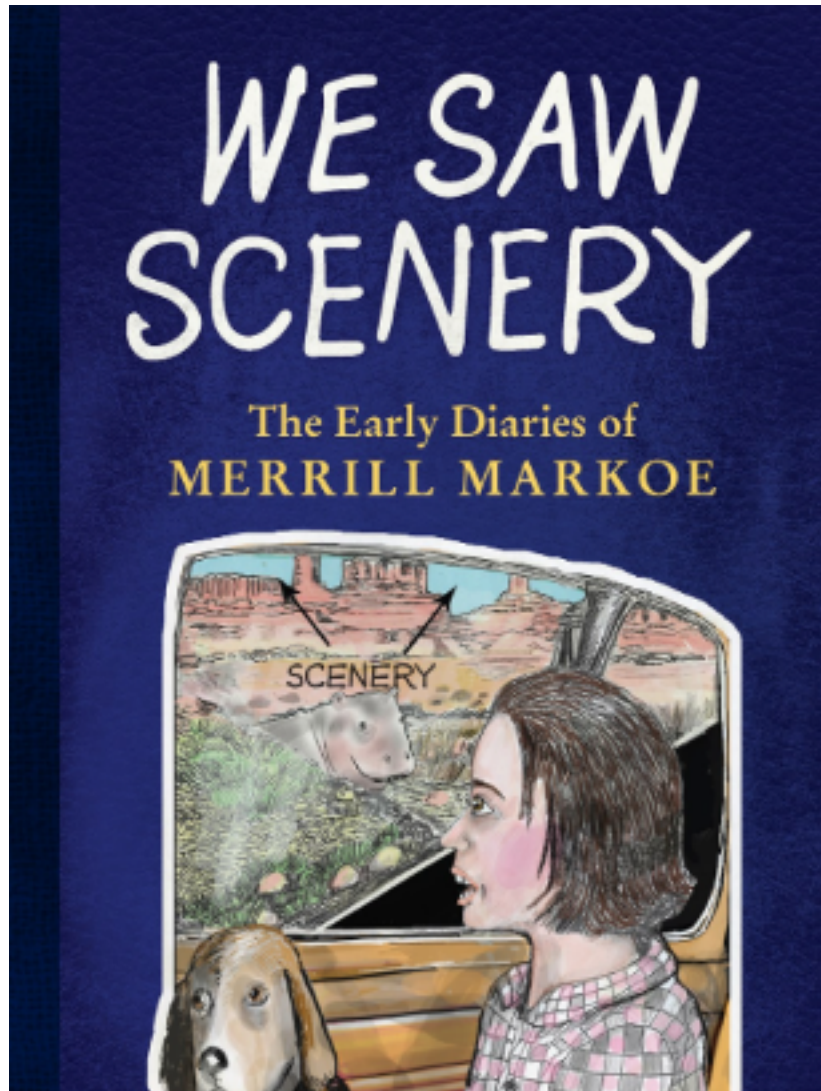
\$24.95, HC, 224pp

eBook: 9781648290107



We Saw Scenery

Merrill Markoe



Comics & Graphic Novels / Nonfiction / Biography & Memoir

- In her first ever graphic memoir, Merrill Markoe turns her absurdist sense of humor onto herself, with a look at her own teenage diaries.
- Recently called “the most important comedy writer of the last 50 years,” Markoe is a multiple Emmy-award winner for her work as the original head writer for “The David Letterman Show.”
- Perfect for fans of Roz Chast, Allie Brosh, and Lynda Barry.

On Sale: October 27, 2020
ISBN: 9781616209032
\$24.95, HC, 272pp

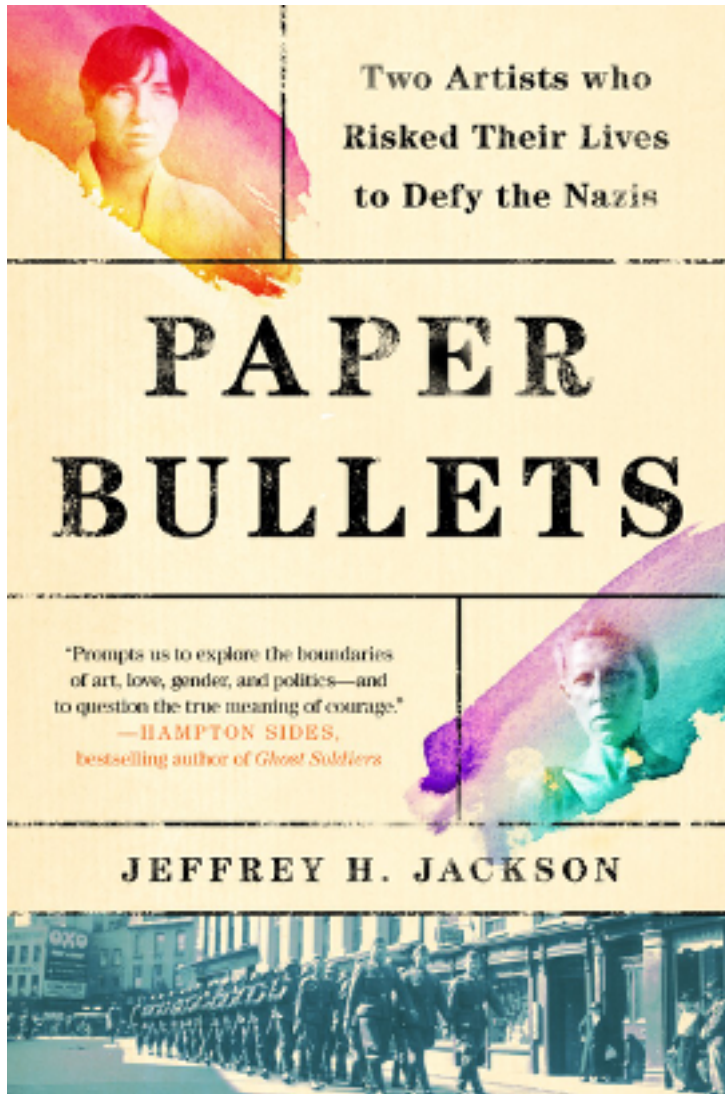


Votes due
September 1, 2020



Paper Bullets

Jeffrey H. Jackson



History / Europe / Great Britain / 20th Century

- A true story of courage, patriotism, and love; two incredibly heroic women, unlikely resisters, who nevertheless refused to cooperate with the Nazis and nearly paid the ultimate price.
- “Every page is gripping, and the amount of new research is nothing short of mind-boggling. A brilliant book for the ages!” —Douglas Brinkley, author of *American Moonshot*

On Sale: November 10, 2020
ISBN: 9781616209162
\$27.95, HC, 336pp
eBook: 9781643751122

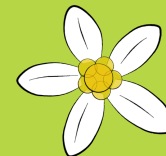


Votes due
October 1, 2020



Wake Up Grateful

Kristi Nelson



Self-Help / Personal Growth / Happiness

- Kristi Nelson, executive director of A Network for Grateful Living, unlocks the practice of living gratefully in a challenging world, with reflections, daily exercises, and life-changing perspective for discovering the gifts of gratitude.
- A Network for Grateful Living is the brainchild of Brother David Steindl-Rast, a world-renowned Benedictine monk.

The Transformative Practice of
Taking Nothing for Granted

WAKE UP GRATEFUL

KRISTI NELSON

A Network for Grateful Living

*"Kristi Nelson speaks with depth and weight
when she talks about grateful living."*

From the Foreword by BROTHER DAVID STEINDL-RAST

On Sale: November 24, 2020

ISBN: 9781635862447

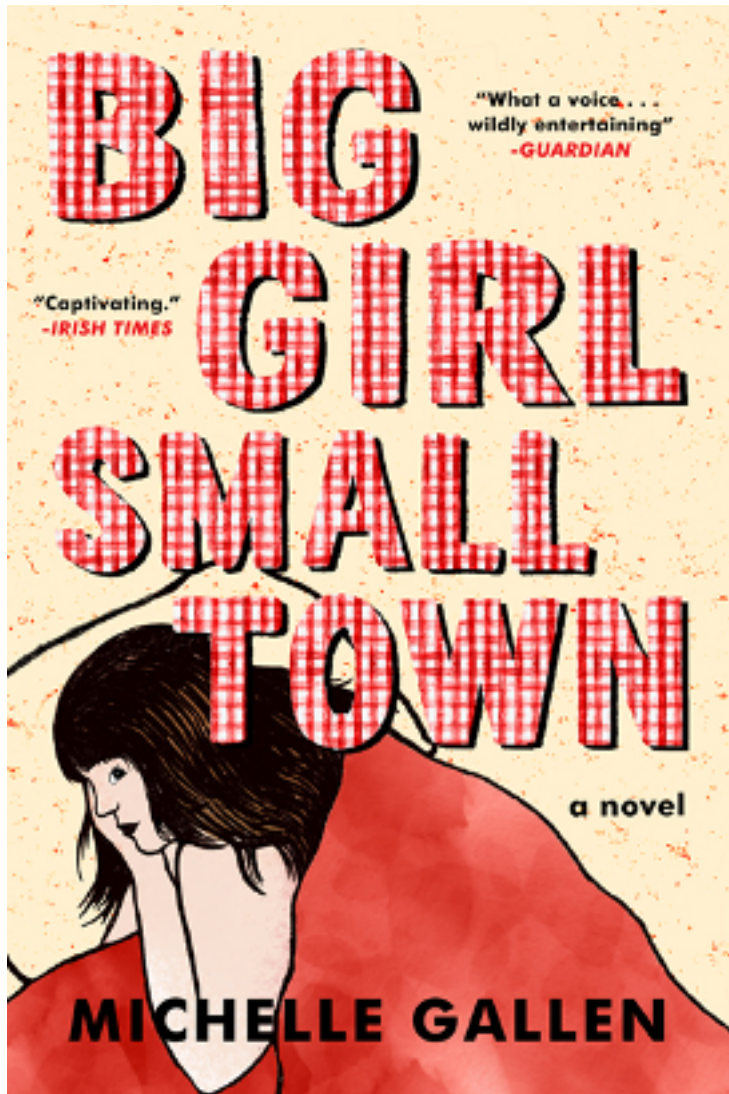
\$26.95, HC, 240pp

eBook: 9781635862454



Big Girl, Small Town

Michelle Gallen



Fiction / Coming of Age

- Meet Majella O'Neill, a heroine like no other, in this captivating Irish debut that has been called *Milkman* meets *Derry Girls*.
- For fans of Sally Rooney and Ottessa Moshfegh.
- “A darkly hilarious novel about small-town life . . . Wildly entertaining.” — *The Guardian*

On Sale: December 1, 2020
ISBN: 9781643750897
\$16.95, PB, 320pp
eBook: 9781643751160

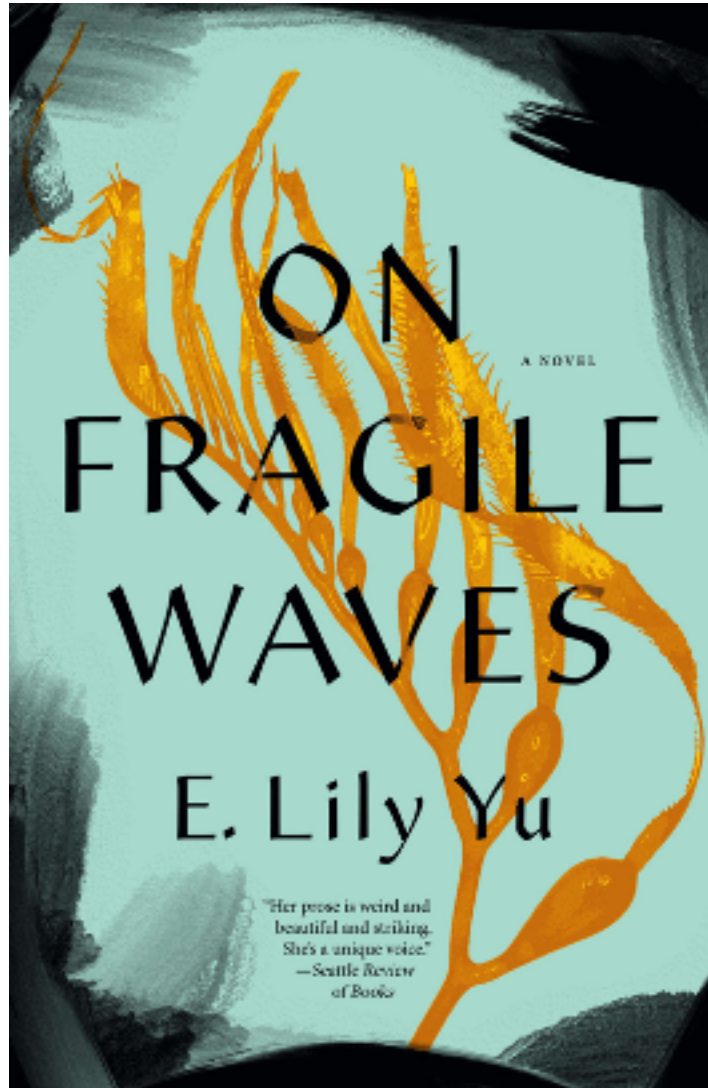


Votes due
November 1, 2020



On Fragile Waves

E. Lily Yu



Fiction / Magical Realism

- The haunting story of a family of dreamers and tale-tellers looking for home in an unwelcoming world. This exquisite and unusual magic realist debut, told in intensely lyrical prose by an award-winning author, traces one girl's migration from war to peace, loss to loss, home to home.

On Sale: December 8, 2020

ISBN: 9781645660095

\$25.95, HC, 288pp

eBook: 9781645660125



Votes due
November 1, 2020

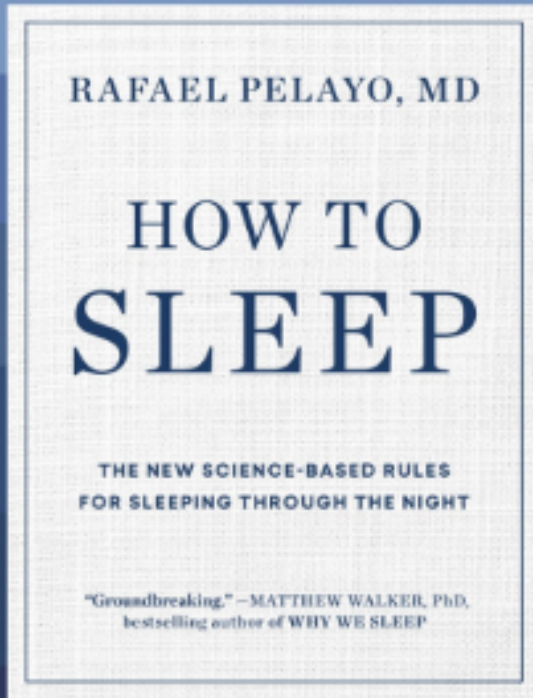


How to Sleep

Rafael Pelayo, M.D.

Health & Fitness / Sleep & Sleep Disorders

- A new, comprehensive approach to improving our sleep, from a doctor who has spent over 25 years as both a clinical professor and practicing sleep physician at Stanford University's Sleep Disorders Clinic, the most innovative and renowned sleep clinic in the world.



On Sale: December 8, 2020

ISBN: 9781579659578

\$24.95, HC, 160pp

eBook: 9781648290091



In Case You Get Hit by a Bus

Abby Schneiderman & Adam Seifer

IN CASE YOU GET HIT BY A BUS

**How to
Organize Your
Life Now
for When
You're Not
Around Later**

ABBY SCHNEIDERMAN AND ADAM SEIFER
FOUNDERS OF EVERPLANS
WITH GENE NEWMAN

Reference / Personal & Practical Guides

- Thorough but accessible, written with humor and warmth, here's a 3-level program that's clearly spelled out in easy-to-take steps for organizing everything in your life, so that your loved ones don't have to worry later!
- You're not too young (or old) to start planning now!

On Sale: December 22, 2020

ISBN: 9781523510474

\$17.95, PB, 336pp

eBook: 9781523511921



At the Edge of the Haight

Katherine Seligman



Fiction / Coming Of Age

- **The Winner of the 2019 PEN/Bellwether Prize for Socially Engaged Fiction.**
- Set in San Francisco, where high rents have exacerbated the homeless problem and where large tent cities are often under threat, Seligman shows us what homelessness can look like in a wealthy, trendy city.
- “What a read this is, right from its startling opening scene. But even more than plot, it’s the richly layered details that drive home a lightning bolt of empathy.
—Barbara Kingsolver

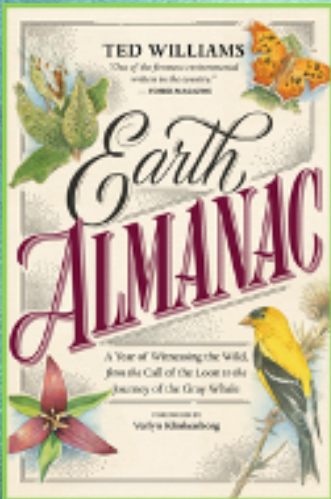
On Sale: January 19, 2021
ISBN: 9781643750231
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eBook: 9781643751153



Votes due
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Nature & Crafts



September 29

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September 29

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eBook: 9781648290060



October 27

ISBN: 9781579659844

eBook: 9781648290121



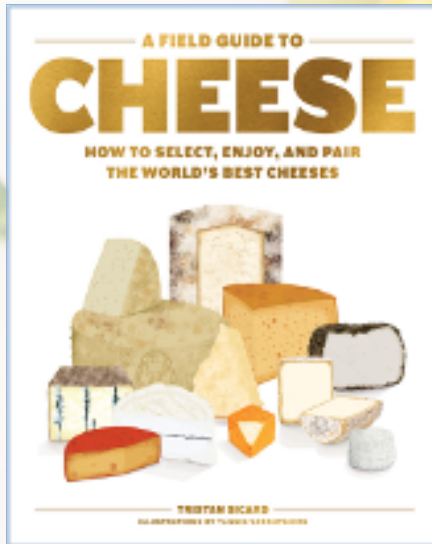
October 27

ISBN: 9781635861358

eBook: 9781635861365

Cookbooks

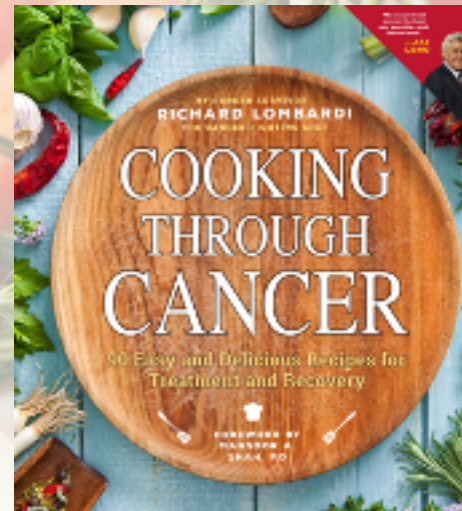
FYI: That's
Thomas Keller



September 15
ISBN: 9781579659417
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eBook: 9781648290114



September 29
ISBN: 9781641702874



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eBook: 9781648290039

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October 13

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eBook: 9781648290053



October 13

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October 27

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eBook: 9781635861129